

## The main points from our meeting held on Thursday 6 May 2010

### We talked about:

- Self Directed Support
- The Surrey Travel Project
- Surrey County Council Management



## Self Directed Support

**Self Directed Support (SDS) is where people are given money directly for the care and support they need.** People can use this money to organise their own services. People can have help to do this.

### Why people choose Self Directed Support

#### More control

You can decide who supports you. Many people employ their own personal assistant.

#### More choice

You could go to college, get a job, try new activities.

#### Involving family carers

Family carers are included in the planning



**Self Directed Support puts you in control of your support**

### How Self Directed Support works

**Step 1 - Self Assessment.** With help you fill in a questionnaire to say what support you need.

**Step 2 - Agreeing your personal budget** - The money you need for your support is worked out

**Step 3 - Planning and organising support** - With help you write a plan of the support you need

**Step 4 - Monitor and review** - Checking that things are working well

**There is a lot of support to help people.** Self Directed Support can work for many people, including people who need a lot of support to understand information and make choices.

### Self Directed Support is happening in Surrey for people with learning disabilities

- 340 people with learning disabilities have completed a Supported Self Assessment
- 300 people with learning disabilities have been informed of their indicative personal budget
- 84 people with learning disabilities have completed a support plan
- 19 people with learning disabilities have completed an initial review of their support.

### Involving family carers

The new self assessment has a carers section, which can also be used on its own. We ask carers about what they do, how they feel and if they are able to continue with the support they give. We also ask them about their own needs and if they need any additional support.

Carers can develop their own support plan and have a personal budget themselves. It is important that carers are able to do their section of the assessment if private if they wish.

## Self Directed Support - continued

### Support Brokers

**Support brokers are people whose job it is to help you get the services and support you need.** They work alongside you to help them understand the different types of services and support that are available.

They can help negotiate services and costs, purchase and organise the support needed and sort out the best way to pay for services and support.

**Brokers are independent.** At the moment Just Advocacy, Advocacy Partners and the Surrey Independent Living Council are brokers. They are funded by Surrey County Council so do not charge the service user.

**For more information about Self Directed Support:** Contact John Woods , Head of Transformation for Adults Social Care **Email:** john.woods@surreycc.gov.uk **Phone:** 07968 832804



## Surrey Travel Project

### This is an Learning Disability Development Fund project



We are creating a network of people to help more people with learning disabilities to travel more independently in their area.

We are developing a standard approach to travel training using Easy Read forms to help people with their journeys.

### Travel gadgets

We have been looking at easy to use tracking phones to support people who are travel training. These will reduce some of the fears that people with learning disabilities and their carers have about getting lost when out and about.



### Travel Buddy project

We will shortly be piloting the idea of people with learning disabilities being paid to help other people to travel - 'buddying' them on their journey.

### Travel Surrey website

This will have lots of useful information like: people's travel stories, travel planners, travel training process, assessment forms & lots more.

It will have large picture buttons which will take you to different areas of the website. There will also be a section containing a series of filmed scenarios, with three possible outcomes to choose from. These can be talked over as part of the travel training.



## Surrey County Council changes

**Sarah Mitchell is the Strategic Director for Adult Social Care.** Assistant Directors are :

- Dave Sargeant - Personal care and Support
- Debbie Medlock - Service Delivery
- John Woods - Transformation
- Anne butler - Commissioning

**Yvonne Waltham will be the Personal Care and Support representative for the Partnership Board.**

Yvonne's role as Senior manager covers all care groups. For more detailed information about these changes see the full minutes of our meeting at [www.surreypb.org.uk](http://www.surreypb.org.uk)